



Transformational Arts College  
OF SPIRITUAL AND HOLISTIC TRAINING

## **COACHING CERTIFICATE PROGRAM**

**September to December 2024**

**Dated: July 4, 2024**

**NOTE: ALL CLASSES ARE ONLINE**

<b>Date and Time / Attendance</b>	<b>Subject and Instructor</b>	<b>Notes</b>
<b>Tuesday</b> September 10, 2024 6:30 to 9:30 PM	(1) What is Coaching: Therapy vs. Coaching with Gord Riddell	
<b>Tuesday</b> September 17, 2024 6:30 to 9:30 PM	(2) Mind Mapping & (3) Small Steps → Larger Vision with Gord Riddell	
<b>Tuesday</b> September 24, 2024 6:30 to 9:30 PM	(3) Mind Mapping & (3) Small Steps → Larger Vision with Gord Riddell	
<b>Tuesday</b> October 1, 2024 6:30 to 9:30 PM	(4) Coaching from the Soul: Passions / Motivators with Gord Riddell	
<b>Tuesday</b> October 8, 2024 6:30 to 9:30 PM	(5) Fear – Your Comfort Zone / Conflict Resolution Role Play with Gord Riddell	
<b>Tuesday</b> October 15, 2024 6:30 to 9:30 PM	(6) Fear of Failure/Success with Gord Riddell	
<b>Tuesday</b> October 22, 2024 6:30 to 9:30 PM	(7) Listening Skills /Communication with Gord Riddell	
<b>Tuesday</b> October 29, 2024 6:30 to 9:30 PM	(8) Intake Assessment / Flow with Gord Riddell	Case studies assigned
<i>Tues. Nov. 5, 2024</i>	<i>NO CLASS</i>	
<b>Tuesday</b> November 12, 2024 6:30 to 9:30 PM	(9) Round Table – Case Study Review with Gord Riddell	

**Coaching Schedule Sept -Dec 2024: Dated: July 4, 2024**

Schedule subject to change.

<b>Date and Time / Attendance</b>	<b>Subject and Instructor</b>	<b>Notes</b>
<b>Tuesday</b> November 19, 2024 6:30 to 9:30 PM	(10) Relationship Theory / Resistance to Growth with Gord Riddell	
<b>Tuesday</b> November 26, 2024 6:30 to 9:30 PM	(11) Challenging Your Client – Too Busy – No Time / Role Plays with Gord Riddell	
<b>Tuesday</b> December 3, 2024 6:30 to 9:30 PM	(12) Round Table – Case Study Review, taking Notes, Fees, Ethics - <i>All assignments must be handed in</i> with Gord Riddell	

## **LIST OF ASSIGNMENTS:**

<b><u>Assignment</u></b>	<b><u>Due Date</u></b>	
First case study	Tues. Nov. 12, 2024	
Intake assignment	Tues. Nov. 12, 2024	
What have you discovered about: Yourself? Coaching?	Tues. Nov. 12, 2024	
Second case study	Tues. Dec. 3, 2024	
The coaching experience Write up on your goal Write up on your in-class coach	Tues. Dec. 3, 2024	

***Certificates*** issued after all graduation requirements successfully completed.